

# Contents

Preface vii

Contributors ix

## Part 1

### Introduction 1

1. Plants in medicine: the origins of pharmacognosy 3
2. The scope and practice of pharmacognosy 5
3. Plant nomenclature and taxonomy 8

## Part 2

### The plant and animal kingdoms as sources of drugs 13

4. Biological and geographical sources of drugs 15
5. A taxonomic approach to the study of medicinal plants and animal-derived drugs 18
6. Pharmacological activities of natural products 45
7. Synergy and other interactions in phytomedicines 53  
*E. M. Williamson*
8. Traditional plant medicines as a source of new drugs 62  
*P. J. Houghton*
9. Discovering new lead compounds in pharmaceutical research and development 75  
*M. J. O'Neill and J. A. Lewis*

## Part 3

### Principles related to the commercial production, quality and standardization of natural products 81

10. Commerce in crude drugs 83  
*R. Baker*
11. Production of crude drugs 87
12. Plant growth regulators 93
13. Plant cell and tissue culture; biochemical conversions; clonal propagation 98
14. Phytochemical variation within a species 106
15. Deterioration of stored drugs 117
16. Quality control 121

## Part 4

### Phytochemistry 133

17. General methods associated with the phytochemical investigation of herbal products 135
18. Basic metabolic pathways and the origin of secondary metabolites 148

## Part 5

### Pharmacopoeial and related drugs of biological origin 169

Introduction 171

19. Hydrocarbons and derivatives 173
20. Carbohydrates 194
21. Phenols and phenolic glycosides 219

22. Volatile oils and resins 263
23. Saponins, cardioactive drugs and other steroids 304
24. Miscellaneous isoprenoids 333
25. Cyanogenetic glycosides, glucosinolate compounds, cysteine derivatives and miscellaneous glycosides 347
26. Alkaloids 353
27. The search for naturally derived anticancer agents 416
28. Antiprotozoal natural products 428  
*C. W. Wright*
29. An overview of drugs with antihepatotoxic and oral hypoglycaemic activities 436
30. Antibacterial and antiviral drugs 445
31. Vitamins and hormones 451
32. The plant nutraceuticals 459  
*G. B. Lockwood*
33. Colouring and flavouring agents 471
34. Miscellaneous products 477

**Part 6**  
**Plants in complementary and traditional systems of medicine** 483

Introduction 485

35. Herbal medicine in Britain and Europe: regulation and practice 487  
*S. Y. Mills*

36. Asian medicine 498  
*S. E. Weston*
37. Chinese herbs in the West 504  
*S. Y. Mills*
38. Plants in African traditional medicine—some perspectives 511  
*A. Sofowora*

**Part 7**  
**Non-medicinal toxic plants and pesticides** 521

39. Hallucinogenic, allergenic, teratogenic and other toxic plants 523
40. Pesticides of natural origin 533

**Part 8**  
**Morphological and microscopical examination of drugs** 537

Introduction 539

41. Plant description, morphology and anatomy 541
42. Cell differentiation and ergastic cell contents 551
43. Techniques in microscopy 563

Index 571