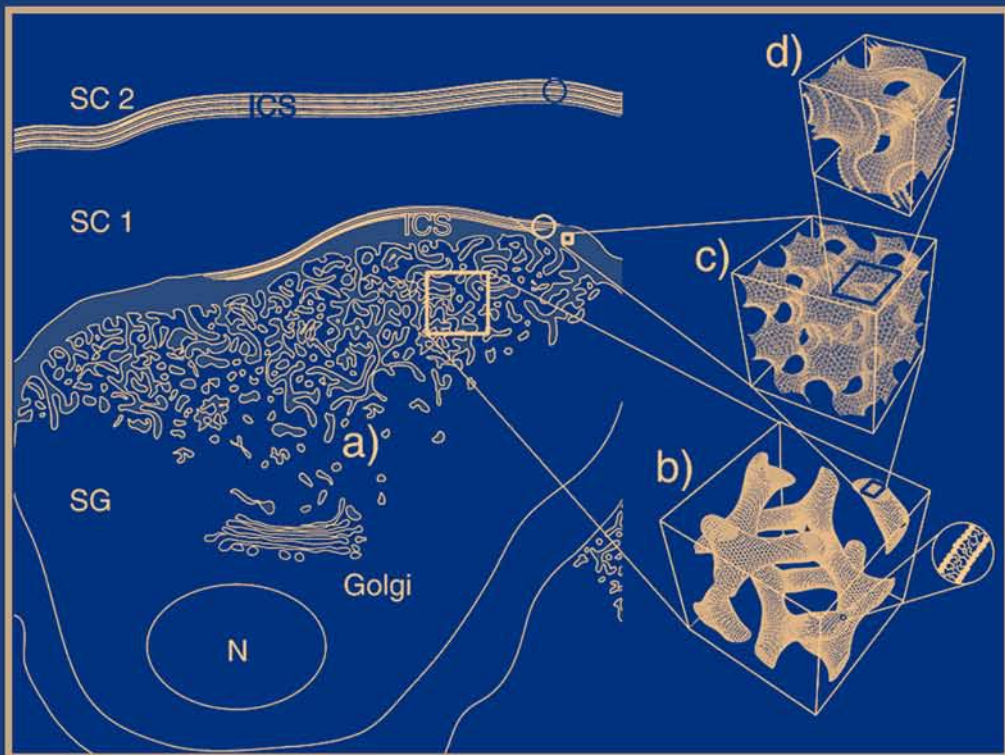


SECOND EDITION

# DRY SKIN and MOISTURIZERS

*Chemistry and Function*



*Edited by*

Marie Lodén

Howard I. Maibach

DERMATOLOGY: CLINICAL & BASIC SCIENCE SERIES

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Taylor & Francis

Taylor & Francis Group

Boca Raton London New York

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A CRC title, part of the Taylor & Francis imprint, a member of the Taylor & Francis Group, the academic division of T&F Informa plc.

Published in 2006 by  
CRC Press  
Taylor & Francis Group  
6000 Broken Sound Parkway NW, Suite 300  
Boca Raton, FL 33487-2742

© 2006 by Taylor & Francis Group, LLC  
CRC Press is an imprint of Taylor & Francis Group

No claim to original U.S. Government works  
Printed in the United States of America on acid-free paper  
10 9 8 7 6 5 4 3 2 1

International Standard Book Number-10: 0-8493-2134-4 (Hardcover)  
International Standard Book Number-13: 978-0-8493-2134-4 (Hardcover)  
Library of Congress Card Number 2005047810

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#### Library of Congress Cataloging-in-Publication Data

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Dry skin and moisturizers : chemistry and function / edited by Marie Lodén, Howard L. Maibach.--2nd ed.  
p. ; cm. -- (Dermatology : clinical and basic science series ; 27)

Includes bibliographical references and index.

ISBN 0-8493-2134-4 (alk. paper)

1. Dermatologic agents. 2. Skin--Diseases. 3. Barrier creams. 4. Wetting agents. I. Lodén, Marie II. Maibach, Howard I. III. Dermatology (CRC Press) ; 27.

[DNLM: 1. Skin Diseases--drug therapy. 2. Emollients--pharmacokinetics. 3. Emollients--therapeutic use. 4. Skin Diseases--physiopathology. WR 650 D798 2005]

RL801.D79 2005

616.5'061--dc22

2005047810

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# Preface

In the five years since the first edition of this book was published, there has been an explosion in new information relating to the nature of dry skin and its treatment. Investigators from various disciplines, including dermatologists, pharmacists, chemists, biochemists, molecular biologists, physiologists, pharmacologists, and even psychologists have advanced our knowledge tremendously. We now understand that the stratum corneum has a surprisingly large number of functions in maintaining the physiologic stability and homeostasis of the skin and mind. This second revised and updated edition of *Dry Skin and Moisturizers* is therefore timely and most welcomed.

Our quality of life is influenced not only by the appearance and tactile feel of the skin surface, but also by the sensorial feelings inside the skin. The generic term “dry skin” denotes a diverse family of conditions with a variety of pathologies preceding each one of them. We also recognize the complex interactions between topically applied substances and the skin.

The chapters in this volume provide information to the health care professionals who would like to increase their knowledge about dry skin disorders and learn more about the effects of constituents in moisturizing creams and pharmaceutical preparations. Moreover, the pharmaceutical and cosmetic industry will find information for an improved tailoring of moisturizers according to the underlying skin abnormality. Regulatory and safety issues are also covered. Furthermore, experienced researchers will get inspiring and fruitful ideas due to the easily accessible information about neighboring research areas, which will promote new discoveries. Readers who wish to go deeper into topics in which they have a special interest are able to do so via the numerous references provided.

We are indebted to the 60 renowned international specialists who have contributed excellent chapters for the book. We sincerely hope that you will enjoy reading the book as much as we have enjoyed planning and receiving the chapters from these authors. Suggestions for improvements for coming editions are appreciated.

We also wish to express our appreciation to Ms Erica Dery and Ms Helena Redshaw at CRC Press for accelerating the editorial process.

Marie Lodén  
Howard I. Maibach



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# Editors

**Marie Lodén, Pharm., Dr. Med. Sc., Assoc. Professor**, is head of Research and Development for the dermatological company ACO Hud AB, in Stockholm, Sweden. She obtained her pharmacist degree in 1980 from Uppsala University, received her doctoral degree in Medical Science in 1995, and began her dermatological research with chemical warfare agents at the National Defense Research Institute. She assumed her present position in 1992. Dr. Lodén was appointed associate professor in experimental dermatology at Uppsala University in 2005.

Dr. Lodén is a member of several national and international societies such as the International Society for Bioengineering and the Skin, and acts in the Committee of the European Group of Efficacy Measurements of Cosmetics and Other Topical Products (EEMCO) and the Scandinavian Society of Cosmetic Chemists (SCANCOS). She is also a member of the editorial board of the *International Journal of Cosmetic Science*.

Dr. Lodén's major research interests are skin barrier function, contact dermatitis, skin care, biophysical measurements, and toxicology. She has published almost 70 original papers and book chapters.

**Howard Maibach, M.D.**, is a professor of dermatology at the University of California, San Francisco and has been a long-term contributor to experimental research in dermatopharmacology and to clinical research on contact dermatitis, contact urticaria, and other skin conditions.





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