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# Remington

## The Science and Practice of Pharmacy

21st EDITION

 LIPPINCOTT WILLIAMS & WILKINS



**21** ST EDITION

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**The Science and Practice  
of Pharmacy**



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**The Science and Practice  
of Pharmacy**



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- Mathew Thambi, PharmD, BCPS** / Clinical Assistant Professor, College of Pharmacy, University of Illinois at Chicago. Chapter 133, *Chronic Wound Care*
- Mark Thomas, MS** / Director of Pharmacy, Children's Hospitals and Clinics, Minneapolis, MN. Chapter 127, *Hospital Pharmacy Practice*
- Mark A Touchette, PharmD, BCPS** / Sr. Manager, Inpatient Pharmacy Services, Henry Ford Hospital, Detroit, MI. Chapter 119, *Integrated Health Care Delivery Systems*
- Salvatore J Turco, PharmD, FASHP** / Professor of Pharmacy, Temple University School of Pharmacy. Chapter 42, *Intravenous Admixtures*
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- Barbara J Zarowitz, PharmD, FCCP, BCPS** / Vice President, Pharmacy Care Management, Henry Ford Health System, Detroit, MI. Chapter 119, *Integrated Health Care Delivery Systems*
- Randy J Zauhar, PhD** / Associate Professor of Biochemistry, Department of Chemistry & Biochemistry, University of the Sciences in Philadelphia. Chapter 28, *Structure-Activity Relationship and Drug Design*

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# Preface to the Twenty-First Edition

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For over 100 years and throughout 20 previous editions, *Remington: The Science and Practice of Pharmacy* has stood as the definitive text and reference source of all aspects of the science and practice of pharmacy. In this new edition, you will find a text that is practice-oriented while maintaining its traditionally reliable coverage of scientific aspects. The 21<sup>st</sup> edition keeps pace with the changes in pharmacy curriculum and professional pharmacy practice in general.

In the years since the first publication of *Remington's Pharmaceutical Sciences*, there have been many changes in the field of pharmacy and pharmacy practice. Although this edition of *Remington* maintains the general philosophy of previous editions, several changes have been made to present fresh and new information and to take advantage of the advances made in recent years. Each section of the book has been critically reviewed and revised to reflect the emerging trends in the field. The overall organization of the book is the same as the previous editions.

The biggest change in the 21st edition is in the *Pharmacy Practice* section. This section has been reorganized and expanded to reflect the changing realities of contemporary practice. The integration of new scientific information into clinical practice is often difficult, and one of the key purposes of this section is to help clinicians translate these scientific advances into clinical practice and care of patients. This section brings the reader up to date on the latest trends and approaches. New chapters have been added that cover the areas of:

- The application of ethical principles to practice dilemmas
- Statistics applied to pharmacy practice
- Technology and automation
- Professional communication
- Medication errors
- Re-engineering pharmacy practice
- Management of special risk medicines
- Specialization of pharmacy practice
- Disease state management
- Emergency patient care
- Wound care

The *Pharmaceutical and Medicinal Agents* section is the most very useful part of the book in terms of core drug information. For this edition, we've added more than 100 new drug monographs, and the previously existing material has been up-

dated. We realize that this is a section that is nearly impossible to keep current, and we've tried to include as many new drugs as possible. Because of space constraints, we were limited to the most important or most widely used drugs.

Another significant addition to this edition is the expansion of the *Pharmacodynamics and Pharmacokinetics* section to include the new, growing area of Pharmacogenomics. This chapter highlights many of the important advances including: practical applications and technological considerations, molecular diagnostics for optimizing drug therapy, and pharmacogenomics and drug development.

Many people were involved in creating this edition. I am grateful to all the Section Editors and authors for their skillful review of the literature and for incorporating their own unique perspectives and experience into their chapters. With this edition, we welcome five new Section Editors. They represent a wide geographic diversity and spectrum of experience. We also have approximately 100 new authors who represent over 32 universities as well as positions in governmental agencies and private industry.

I also gratefully acknowledge the extensive contributions of the authors and Section Editors of previous editions of *Remington* for laying the foundation for the current volume. I recognize that we all stand upon the shoulders of giants and are supported by those leaders who taught and inspired many previous generations.

I especially thank Alfonso R Gennaro, PhD for his continued support. Dr. Gennaro was *Remington* editor for the past four editions. No one is more familiar with *Remington* than he is. Dr. Gennaro has been instrumental in the creation and review of the drug monographs. Ensuring scientific accuracy is critical in a book such as *Remington*, and he has been very generous with his time and expertise in this area.

A heartfelt thanks also goes to Mr. John Hoover, author and indexer, who has been involved with *Remington* since the 1960s and has provided editorial guidance at every step of the process.

It is a pleasure and honor to work on a book with such a long and rich tradition.

Randy Hendrickson  
Editor

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## Preface to 1st Edition

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The rapid and substantial progress made in Pharmacy within the last decade has created a necessity for a work treating of the improved apparatus, the revised processes, and the recently introduced preparations of the age.

The vast advances made in theoretical and applied chemistry and physics have much to do with the development of pharmaceutical science, and these have been reflected in all the revised editions of the Pharmacopoeias which have been recently published. When the author was elected in 1874 to the chair of Theory and Practice of Pharmacy in the Philadelphia College of Pharmacy, the outlines of study which had been so carefully prepared for the classes by his eminent predecessors, Professor William Proctor, Jr, and Professor Edward Parrish, were found to be not strictly in accord, either in their arrangement of the subjects or in their method of treatment. Desiring to preserve the distinctive characteristics of each, an effort was at once made to frame a system which should embody their valuable features, embrace new subjects, and still retain that harmony of plan and proper sequence which are absolutely essential to the success of any system.

The strictly alphabetical classification of subjects which is now universally adopted by pharmacopoeias and dispensaries, although admirable in works of reference, presents an effectual stumbling block to the acquisition of pharmaceutical knowledge through systematic study; the vast accumulation of facts collected under each head arranged lexically, they necessarily have no connection with one another, and thus the saving of labor effected by considering similar groups together, and the value of the association of kindred subjects, are lost to the student. In the method of grouping the subjects which is herein adopted, the constant aim has been to arrange the latter in such a manner that the reader shall be gradually led from the consideration of elementary subjects to those which involve more advanced knowledge, whilst the groups themselves are so placed as to follow one another in a natural sequence.

The work is divided into six parts. Part I is devoted to detailed descriptions of apparatus and definitions and comments on general pharmaceutical processes.

The Official Preparations alone are considered in Part II. Due weight and prominence are thus given to the Pharmacopoeia, the National authority, which is now so thoroughly recognized.

In order to suit the convenience of pharmacists who prefer to *weigh solids* and *measure liquids*, the official formulas are expressed, in addition to parts by weight, in *avoirdupois weight* and *apothecaries' measure*. These equivalents are printed in

*bold type* near the margin, and arranged so as to fit them for quick and accurate reference.

Part III treats of Inorganic Chemical Substances. Precedence is of course given to official preparation in these. The descriptions, solubilities, and tests for identity and impurities of each substance are systematically tabulated under its proper title. It is confidently believed that by this method of arrangement the valuable descriptive features of the Pharmacopoeia will be more prominently developed, read reference facilitated, and close study of the details rendered easy. Each chemical operation is accompanied by equations, whilst the reaction is, in addition, explained in words.

The Carbon Compounds, or Organic Chemical Substances, are considered in Part IV. These are naturally grouped according to the physical and medical properties of their principal constituents, beginning with simple bodies like cellulose, gum, etc, and progressing to the most highly organized alkaloids, etc.

Part V is devoted to Extemporaneous Pharmacy. Care has been taken to treat of the practice which would be best adapted for the needs of the many pharmacists who conduct operations upon a moderate scale, rather than for those of the few who manage very large establishments. In this, as well as in other parts of the work, operations are illustrated which are conducted by manufacturing pharmacists.

Part VI contains a formulary of Pharmaceutical Preparations which have not been recognized by the Pharmacopoeia. The recipes selected are chiefly those which have been heretofore rather difficult of access to most pharmacists, yet such as are likely to be in request. Many private formulas are embraced in the collection; and such of the preparations of the old Pharmacopoeias as have not been included in the new edition, but are still in use, have been inserted.

In conclusion, the author ventures to express the hope that the work will prove an efficient help to the pharmaceutical student as well as to the pharmacist and the physician. Although the labor has been mainly performed amidst the harassing cares of active professional duties, and perfection is known to be unattainable, no pains have been spared to discover and correct errors and omissions in the text. The author's warmest acknowledgments, are tendered to Mr A B Taylor, Mr Joseph McCreery, and Mr George M Smith for their valuable assistance in revising the proof sheets, and to the latter especially for his work on the index. The outline illustrations, by Mr John Collins, were drawn either from the actual objects or from photographs taken by the author.

*Philadelphia, October, 1885*

JPR